**Dinghy sailing**

Smaller, cheaper and more easily accessible than big boat sailing, dinghy sailing can be accessed by just about anyone regardless of location, age or mobility. Dinghy sailing can be fun and laid-back if all you want to do is float around an inland lake and just take in the view, or it can be fast and exhilarating as you hang out on the trapeze of a lightweight racing boat.

Even if you have never thought about dinghy sailing before and have no idea about rigging a boat or identifying the boom from the bumkin, it does not matter. There are plenty of places to start your sailing career. Dinghy sailing is a wonderful way for both children and adults to learn a lot about teamwork as part of a crew, or to make split-second decisions based on their own intuition and to see if it is the right choice! Many people get hours of fun out of tweaking and perfecting their boat and rig, whereas others are completely content with a 1 design plastic dinghy where the competition is all on the water.

Dinghy sailing is for anyone, wherever the wind hits the water.

**How to run/provide dinghy sailing**

There are 3 ways of running Dinghy sailing in Scouting. These are:

1. **Scout-led activity** - [running dinghy sailing yourself or using someone else in Scouting](https://members.scouts.org.uk/supportresources/19/dinghy-sailing?moduleID=24&cat=26,407,351&runMethod=scout)
2. **Externally-led activity** - [running dinghy sailing using an external provider](https://members.scouts.org.uk/supportresources/19/dinghy-sailing?moduleID=24&cat=26,407,351&runMethod=commercial)
3. **Activity for adult groups** - [running dinghy sailing for a group entirely of adults](https://members.scouts.org.uk/supportresources/19/dinghy-sailing?moduleID=24&cat=26,407,351&runMethod=adult)

**Useful links**

The National Governing Body for dinghy sailing is:

* [Royal Yachting Association](http://www.rya.org.uk/)

**Factsheets on dinghy sailing**

The following activity factsheets are relevant to this activity:

* [Adventurous Activity Permit Scheme](https://members.scouts.org.uk/activitypermits)
* [CT120156 Boat Certificate other than Canoes](https://members.scouts.org.uk/ct120156)
* [FS120000 Risk Assessment](https://members.scouts.org.uk/fs120000)
* [FS120007 Joint Adventurous Activities with Girlguiding UK](https://members.scouts.org.uk/fs120007)
* [FS120075 InTouch](https://members.scouts.org.uk/fs120075)
* [FS120081 Activity Information Form](https://members.scouts.org.uk/fs120081)
* [FS120087 Adult Groups in Adventurous Activities](https://members.scouts.org.uk/fs120087)
* [FS120088 Weather Forecasts in Outdoor Activities](https://members.scouts.org.uk/fs120088)
* [FS120603 Water Safety (Incorporating lifejackets and buoyancy aids)](https://members.scouts.org.uk/fs120603)
* [FS120615 Recognition of RYA Training Establishments](https://members.scouts.org.uk/fs120615)
* [FS120617 Canal and River Licences](https://members.scouts.org.uk/fs120617)
* [FS120623 Class C Waters](https://members.scouts.org.uk/fs120623)
* [FS120627 Boat and Canoe Registration and Inspection Scheme](https://members.scouts.org.uk/fs120627)
* [FS120629 Water Safety (Waterborne Diseases & Immersion)](https://members.scouts.org.uk/fs120629)
* [FS120652 Dinghy Sailing](https://members.scouts.org.uk/fs120652)
* [National Directory of Waters](https://members.scouts.org.uk/waterways/)
* [AC120911 Assessment Checklist for Dinghy Sailing](https://members.scouts.org.uk/ac120911)

**Rules on dinghy sailing**

The following activity rules are relevant to this activity:

* [Rule 9.1 Activity Rules - Application](https://members.scouts.org.uk/por9.1)
* [Rule 9.2 Preparations](https://members.scouts.org.uk/por9.2)
* [Rule 9.3 InTouch](https://members.scouts.org.uk/por9.3)
* [Rule 9.4 Risk Assessment](https://members.scouts.org.uk/por9.4)
* [Rule 9.5 Emergency Procedure](https://members.scouts.org.uk/por9.5)
* [Rule 9.7 Adventurous Activities Permit Scheme](https://members.scouts.org.uk/por9.7)
* [Rule 9.8 Adult Groups in Adventurous Activities](https://members.scouts.org.uk/por9.8)
* [Rule 9.9 Use of External Centres and Instructors](https://members.scouts.org.uk/por9.9)
* [Rule 9.42 Water Activities - General](https://members.scouts.org.uk/por9.42)
* [Rule 9.43 Life Jackets and Buoyancy Aids](https://members.scouts.org.uk/por9.43)
* [Rule 9.44 Classification of Waters](https://members.scouts.org.uk/por9.44)
* [Rule 9.45 Water Activities Permits](https://members.scouts.org.uk/por9.45)
* [Rule 9.46 Boats](https://members.scouts.org.uk/por9.46)
* [Rule 9.47 Charter Vessels](https://members.scouts.org.uk/por9.47)