**Pulling**

Pulling is the activity of propelling an open craft primarily by the use of oars where there is fixed seating, a coxswain and a crew.

The most widely used pulling boats now are the Drascombe Gigs. They are 25 feet long and have a crew for five oars and a cox. They can also be sailed and have an outboard motor. There are other big open boats that are available and can be found at most scout water activity centres and lots of sea scout bases.

Pulling is a team activity, everyone literally has to 'pull' their weight or the boat will not move. In Holland every sea scout patrol has their own heavy, big, steel open boat that they use for camping, pulling and sailing, the PL being the cox and training their patrol. Now there is a challenge to today's scouts and explorer scouts, what about getting your own big boat? Learn the skills of pulling and coxing it, navigation, tides and weather. Or just try it as a fun activity that will certainly get you fit.

**How to run/provide pulling**

There are 3 ways of running Pulling in Scouting. These are:

1. **Scout-led activity** - [running pulling yourself or using someone else in Scouting](https://members.scouts.org.uk/supportresources/61/pulling?moduleID=24&cat=26,407,351&runMethod=scout)
2. **Externally-led activity** - [running pulling using an external provider](https://members.scouts.org.uk/supportresources/61/pulling?moduleID=24&cat=26,407,351&runMethod=commercial)
3. **Activity for adult groups** - [running pulling for a group entirely of adults](https://members.scouts.org.uk/supportresources/61/pulling?moduleID=24&cat=26,407,351&runMethod=adult)

**Useful links**

The National Governing Body for pulling is:

* [British Rowing](http://www.britishrowing.org/)

**Factsheets on pulling**

The following activity factsheets are relevant to this activity:

* [Adventurous Activity Permit Scheme](https://members.scouts.org.uk/activitypermits)
* [CT120156 Boat Certificate other than Canoes](https://members.scouts.org.uk/ct120156)
* [FS120000 Risk Assessment](https://members.scouts.org.uk/fs120000)
* [FS120007 Joint Adventurous Activities with Girlguiding UK](https://members.scouts.org.uk/fs120007)
* [FS120075 InTouch](https://members.scouts.org.uk/fs120075)
* [FS120081 Activity Information Form](https://members.scouts.org.uk/fs120081)
* [FS120087 Adult Groups in Adventurous Activities](https://members.scouts.org.uk/fs120087)
* [FS120088 Weather Forecasts in Outdoor Activities](https://members.scouts.org.uk/fs120088)
* [FS120603 Water Safety (Incorporating lifejackets and buoyancy aids)](https://members.scouts.org.uk/fs120603)
* [FS120617 Canal and River Licences](https://members.scouts.org.uk/fs120617)
* [FS120623 Class C Waters](https://members.scouts.org.uk/fs120623)
* [FS120627 Boat and Canoe Registration and Inspection Scheme](https://members.scouts.org.uk/fs120627)
* [FS120629 Water Safety (Waterborne Diseases & Immersion)](https://members.scouts.org.uk/fs120629)
* [FS120660 Pulling](https://members.scouts.org.uk/fs120660)
* [National Directory of Waters](https://members.scouts.org.uk/waterways/)
* [AC120929 Assessment Checklist for Pulling](https://members.scouts.org.uk/ac120929)

**Rules on pulling**

The following activity rules are relevant to this activity:

* [Rule 9.1 Activity Rules - Application](https://members.scouts.org.uk/por9.1)
* [Rule 9.2 Preparations](https://members.scouts.org.uk/por9.2)
* [Rule 9.3 InTouch](https://members.scouts.org.uk/por9.3)
* [Rule 9.4 Risk Assessment](https://members.scouts.org.uk/por9.4)
* [Rule 9.5 Emergency Procedure](https://members.scouts.org.uk/por9.5)
* [Rule 9.7 Adventurous Activities Permit Scheme](https://members.scouts.org.uk/por9.7)
* [Rule 9.8 Adult Groups in Adventurous Activities](https://members.scouts.org.uk/por9.8)
* [Rule 9.9 Use of External Centres and Instructors](https://members.scouts.org.uk/por9.9)
* [Rule 9.42 Water Activities - General](https://members.scouts.org.uk/por9.42)
* [Rule 9.43 Life Jackets and Buoyancy Aids](https://members.scouts.org.uk/por9.43)
* [Rule 9.44 Classification of Waters](https://members.scouts.org.uk/por9.44)
* [Rule 9.45 Water Activities Permits](https://members.scouts.org.uk/por9.45)
* [Rule 9.46 Boats](https://members.scouts.org.uk/por9.46)
* [Rule 9.47 Charter Vessels](https://members.scouts.org.uk/por9.47)